

Day of Zen

at the Frank Lloyd Wright House in Bakersfield

The Zen Fellowship of Bakersfield will host a Day of Zen, **December 15**, at the George and Millie Ablin House designed by Frank Lloyd Wright, from 6 am to 6 pm.

The Day of Zen is a short *sesshin*, a term that means “to touch the mind.”

This is an excellent opportunity to practice sitting concentration, silence, and reflection in a beautiful and architecturally significant setting.

The Day of Zen will be led by Richard Collins, a Zen monk and teacher in the lineage of Taisen Deshimaru and Kodo Sawaki.

A \$30 donation includes breakfast, lunch, and dinner.

Beginners welcome.



Saturday December 15, 2012

Please contact
Zen Fellowship of Bakersfield
by December 10 for
information & reservations: taisenreishin@gmail.com